



NCCIH Strategic priorities: Whole person health

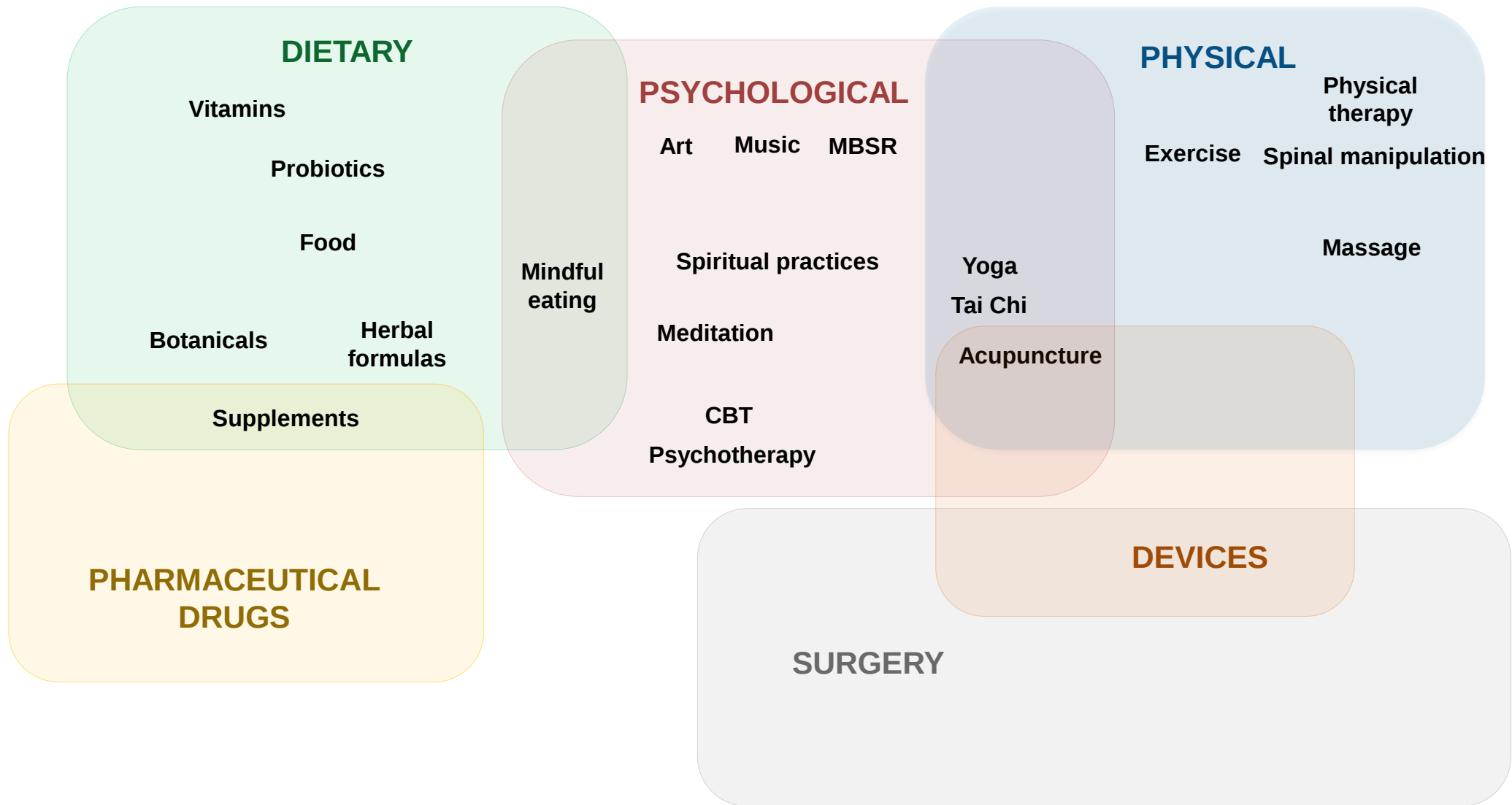
Helene Langevin, M.D., Director, NCCIH



Includes **complementary** therapies and practices that use dietary, physical and psychological approaches

N C C I H



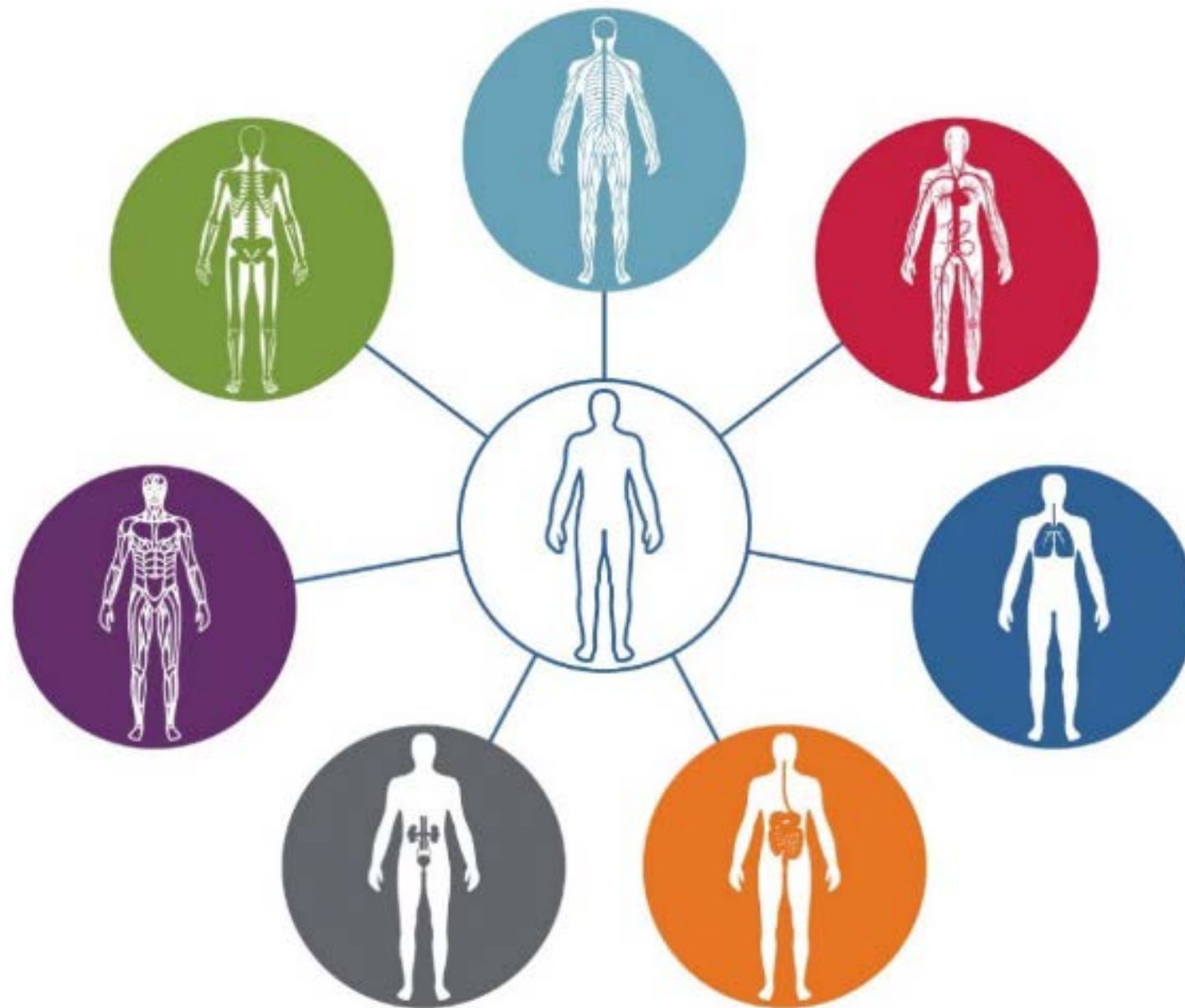


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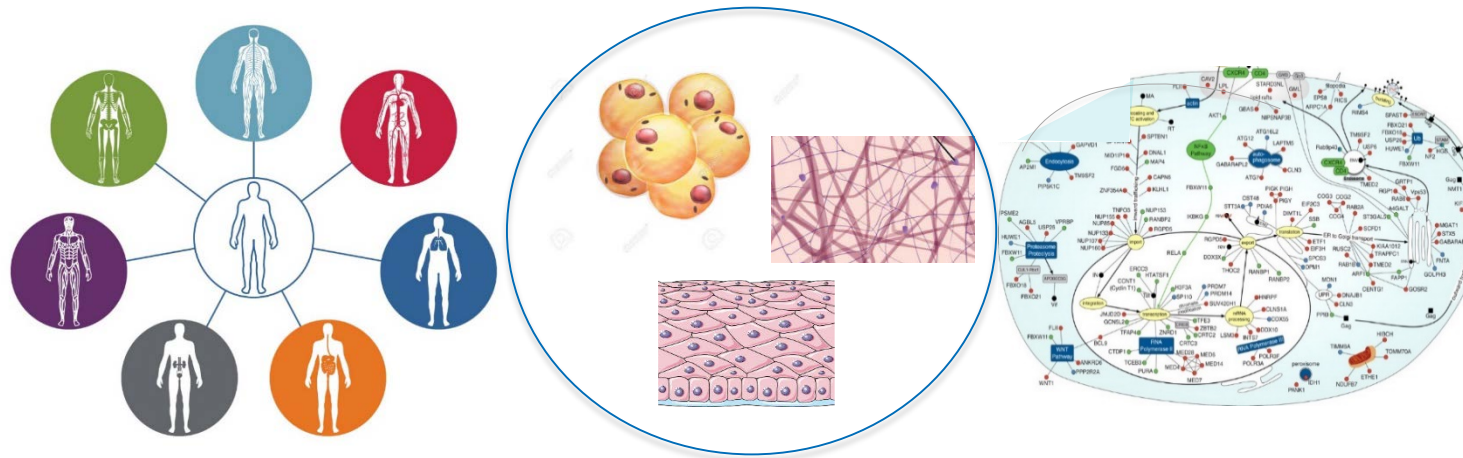
Supports **integrative** research on whole
person health





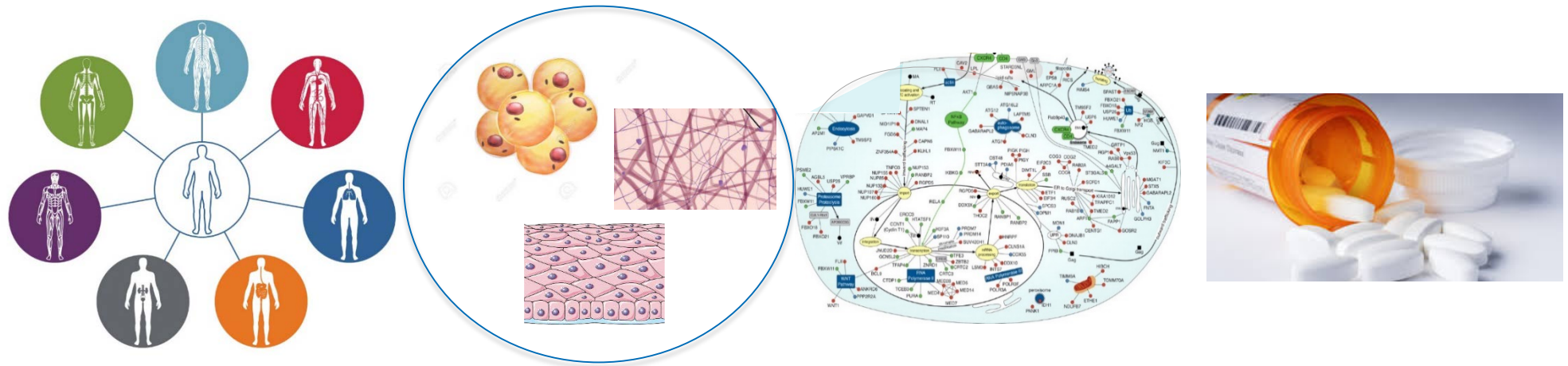


ANALYSIS



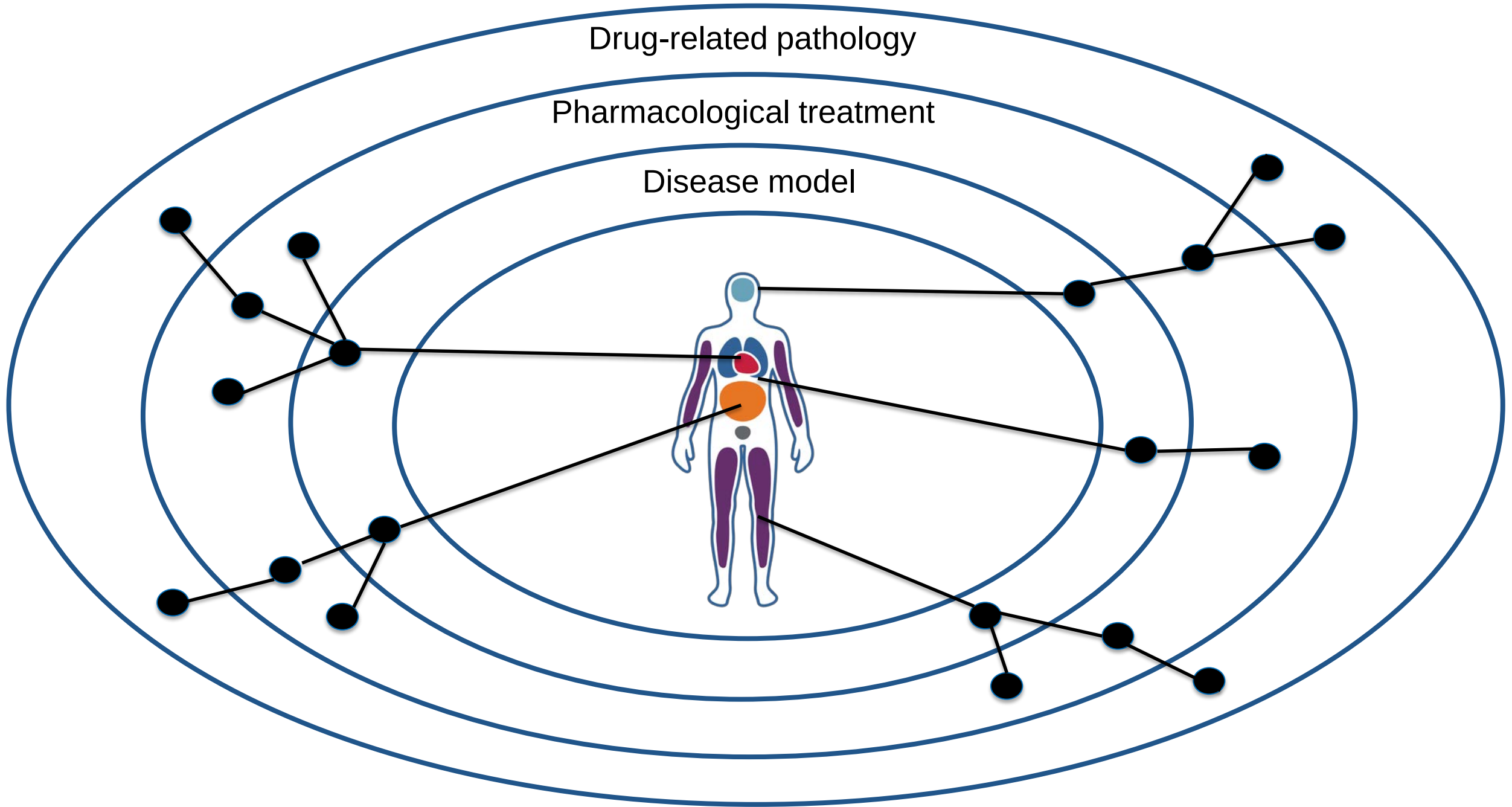
SYNTHESIS INTEGRATION

ANALYSIS

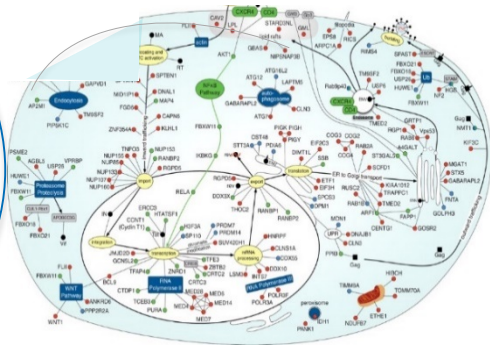
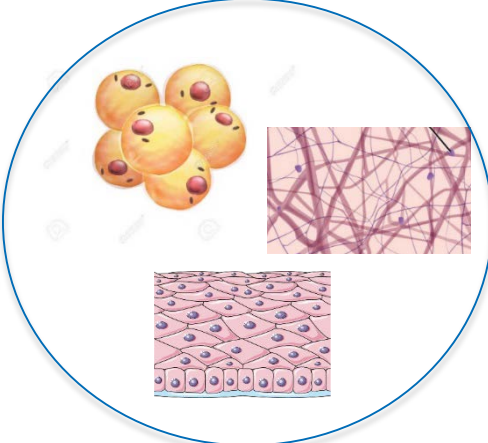
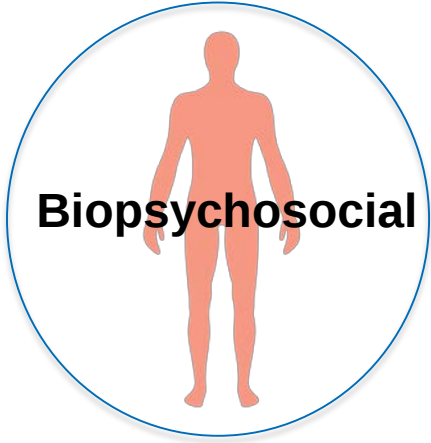


SYNTHESIS INTEGRATION





ANALYSIS



SYNTHESIS
INTEGRATION



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Addresses **health** promotion and
restoration, disease prevention and
symptom management





HEALTH



DISEASE





HEALTH

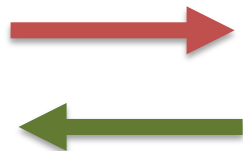


DISEASE





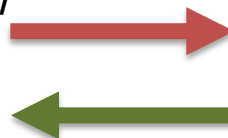
HEALTH



ENVIRONMENTAL/
BEHAVIORAL
DYSFUNCTION



PRE-DISEASE



DISEASE





HEALTH

ENVIRONMENTAL/
BEHAVIORAL
DYSFUNCTION

PRE-DISEASE

DISEASE

Healthy diet

Poor diet

Weight gain
Pre-diabetes
Hyperlipidemia

Obesity
Diabetes
Cardiovascular disease



HEALTH

ENVIRONMENTAL/
BEHAVIORAL
DYSFUNCTION

PRE-DISEASE

DISEASE

Healthy diet

Poor diet

Weight gain
Pre-diabetes
Hyperlipidemia

Obesity
Diabetes
Cardiovascular disease

Active lifestyle

Sedentary lifestyle
Poor posture

Chronic
musculoskeletal pain

Degenerative
joint/disc disease



HEALTH

ENVIRONMENTAL/
BEHAVIORAL
DYSFUNCTION

PRE-DISEASE

DISEASE

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Sedentary lifestyle
Poor posture

Chronic
musculoskeletal pain

Degenerative
joint/disc disease

Restorative
sleep

Psychological stress
Poor sleep habits

Chronic sympathetic activation
Insomnia

Cognitive decline
Depression



HEALTH

ENVIRONMENTAL/
BEHAVIORAL
DYSFUNCTION

PRE-DISEASE

DISEASE

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Hyperlipidemia

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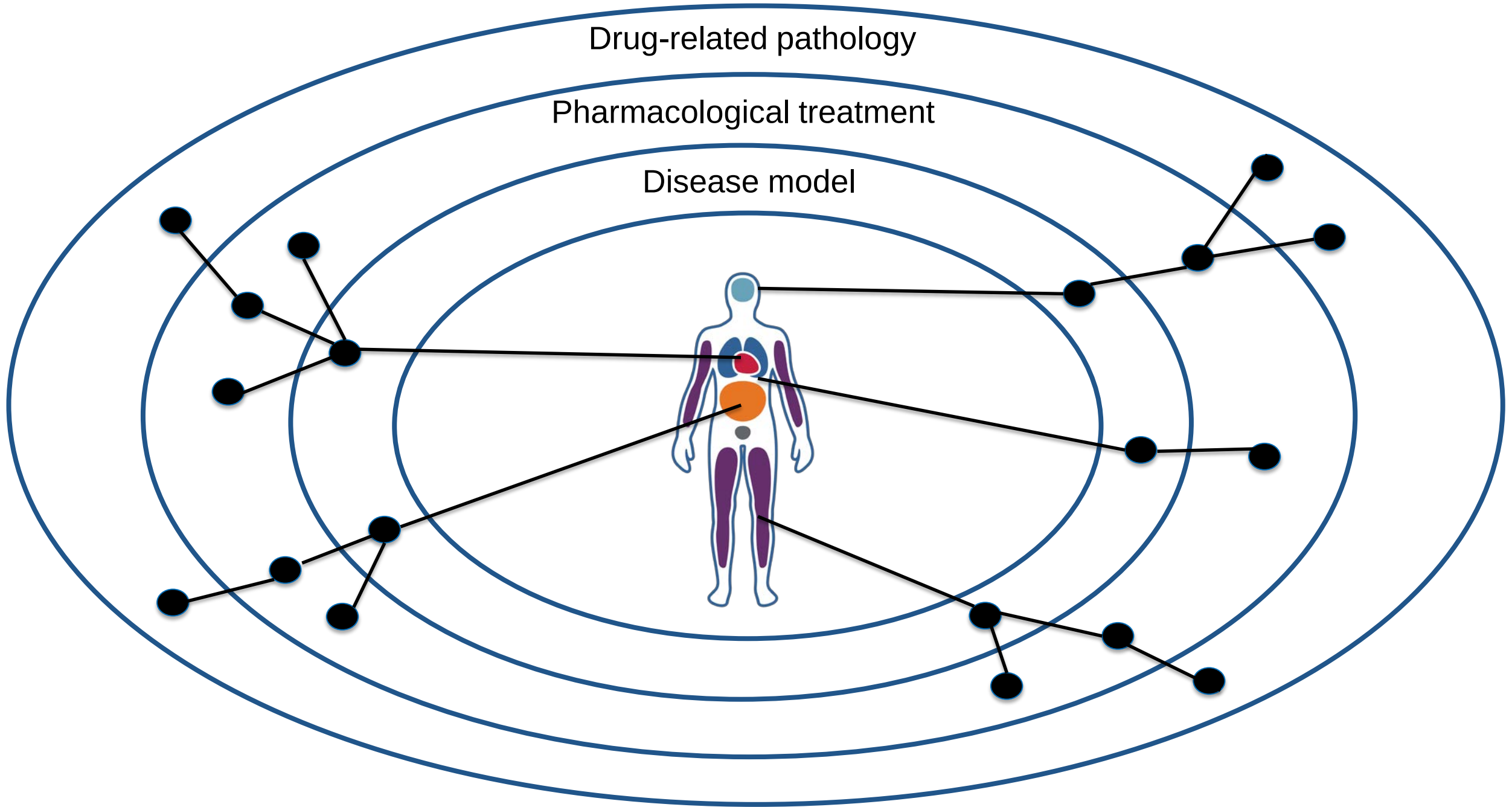
Degenerative
joint/disc disease

Restorative
sleep

Psychological stress
Poor sleep habits

Chronic sympathetic activation
Insomnia

Cognitive decline
Depression





HEALTH

ENVIRONMENTAL/
BEHAVIORAL
DYSFUNCTION

PRE-DISEASE

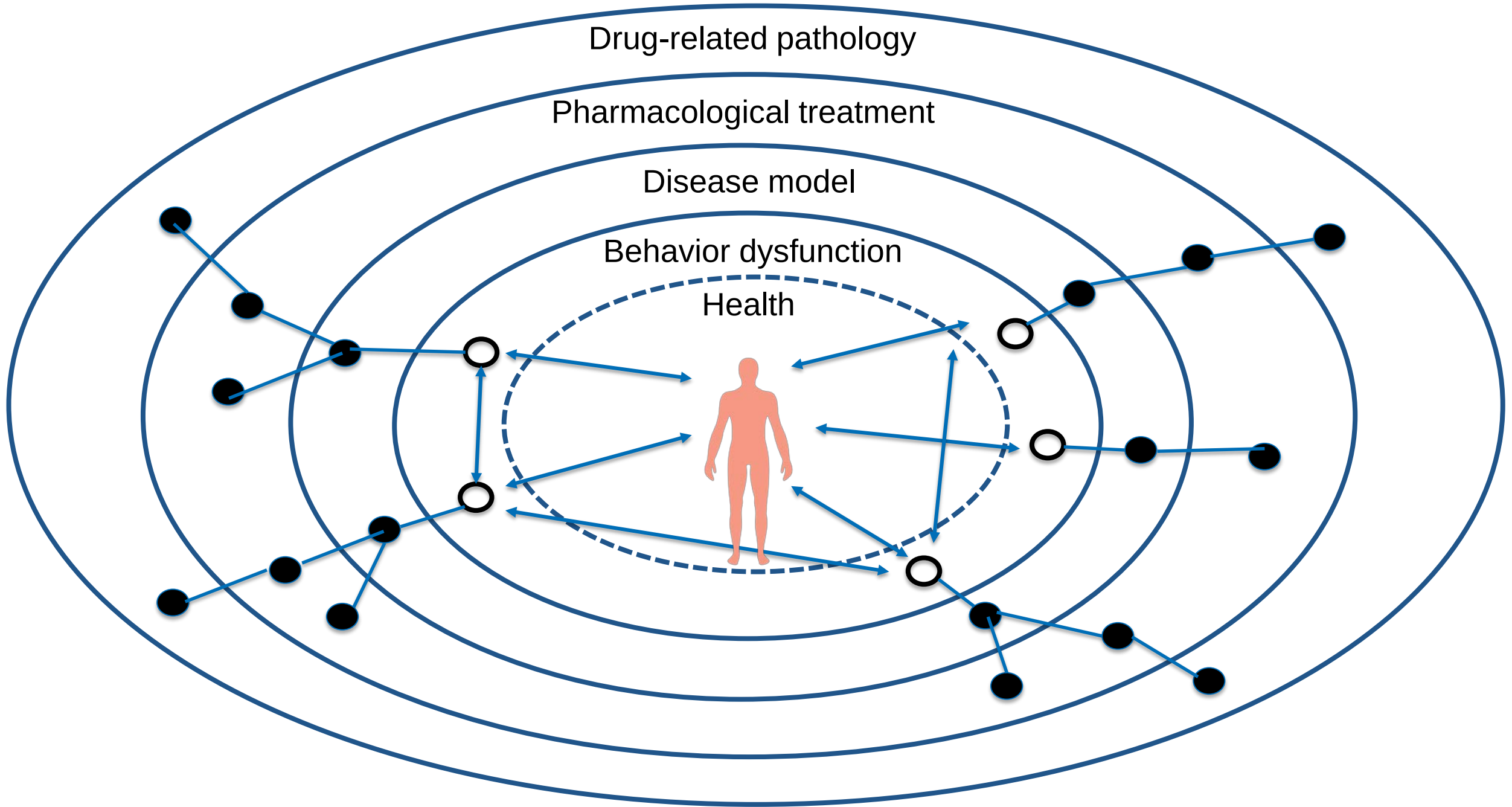
DISEASE

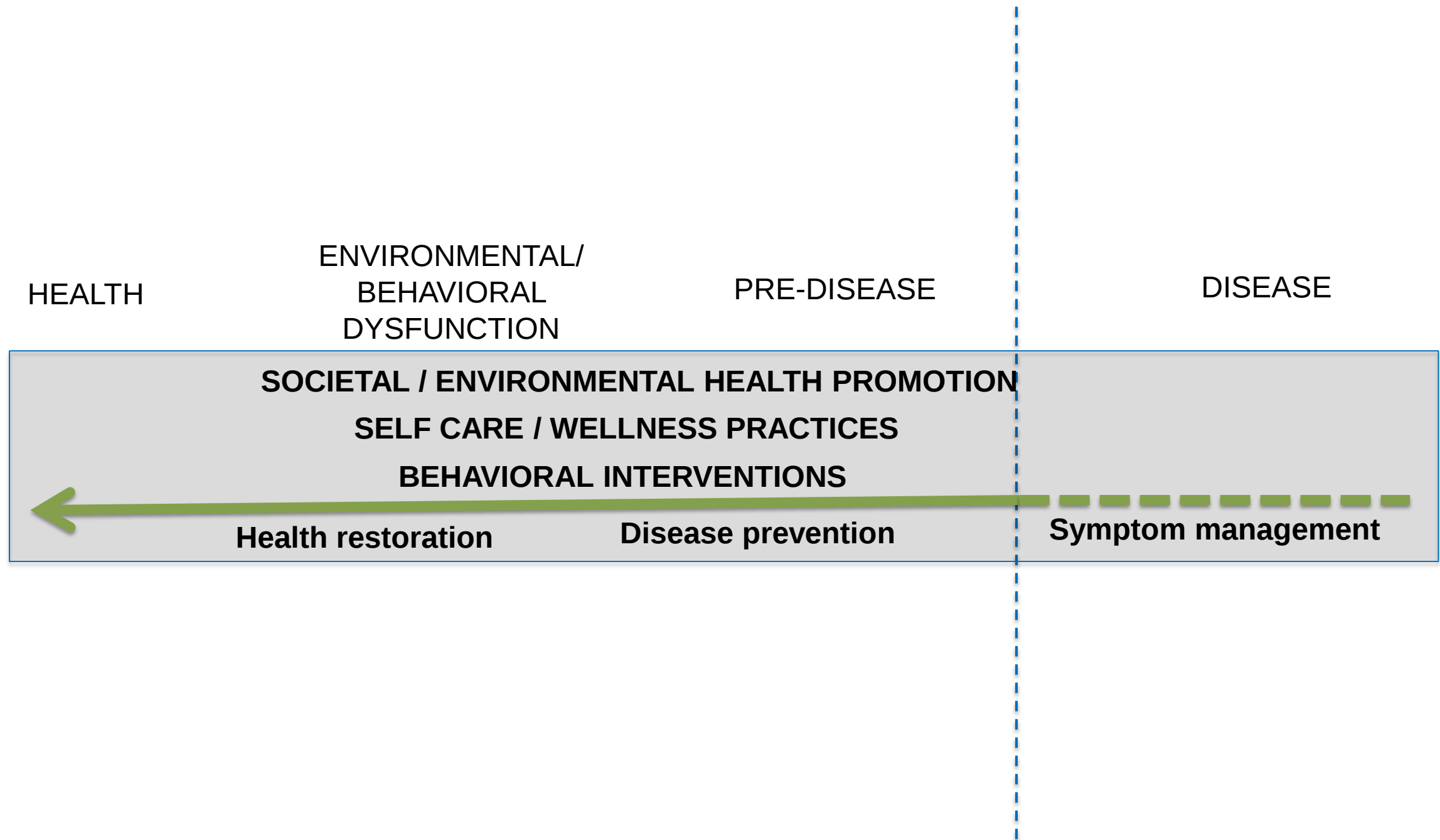
Healthy diet
Active lifestyle
Restorative sleep

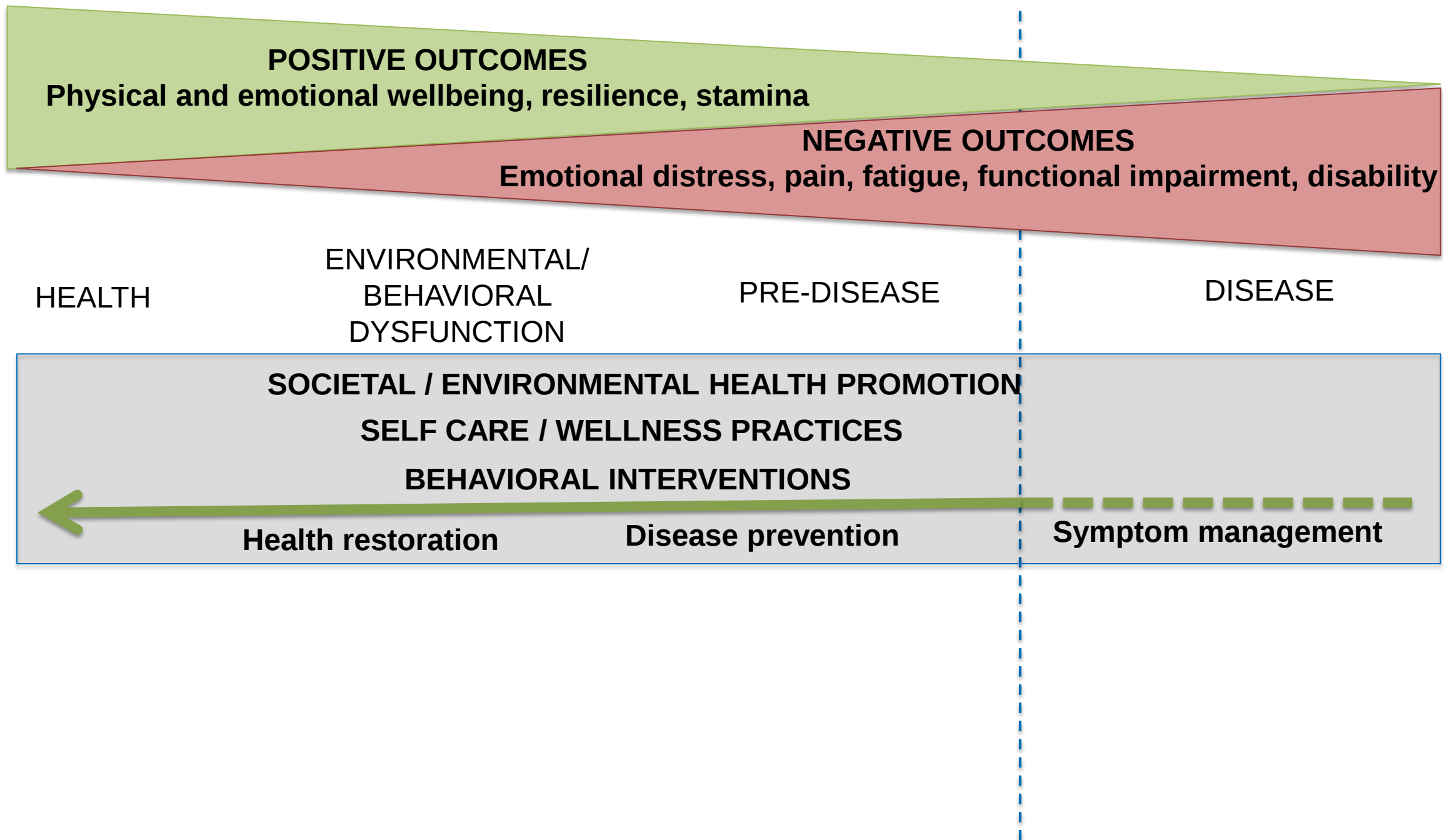
Poor diet
Sedentary lifestyle
Poor posture
Psychological stress
Poor sleep habits

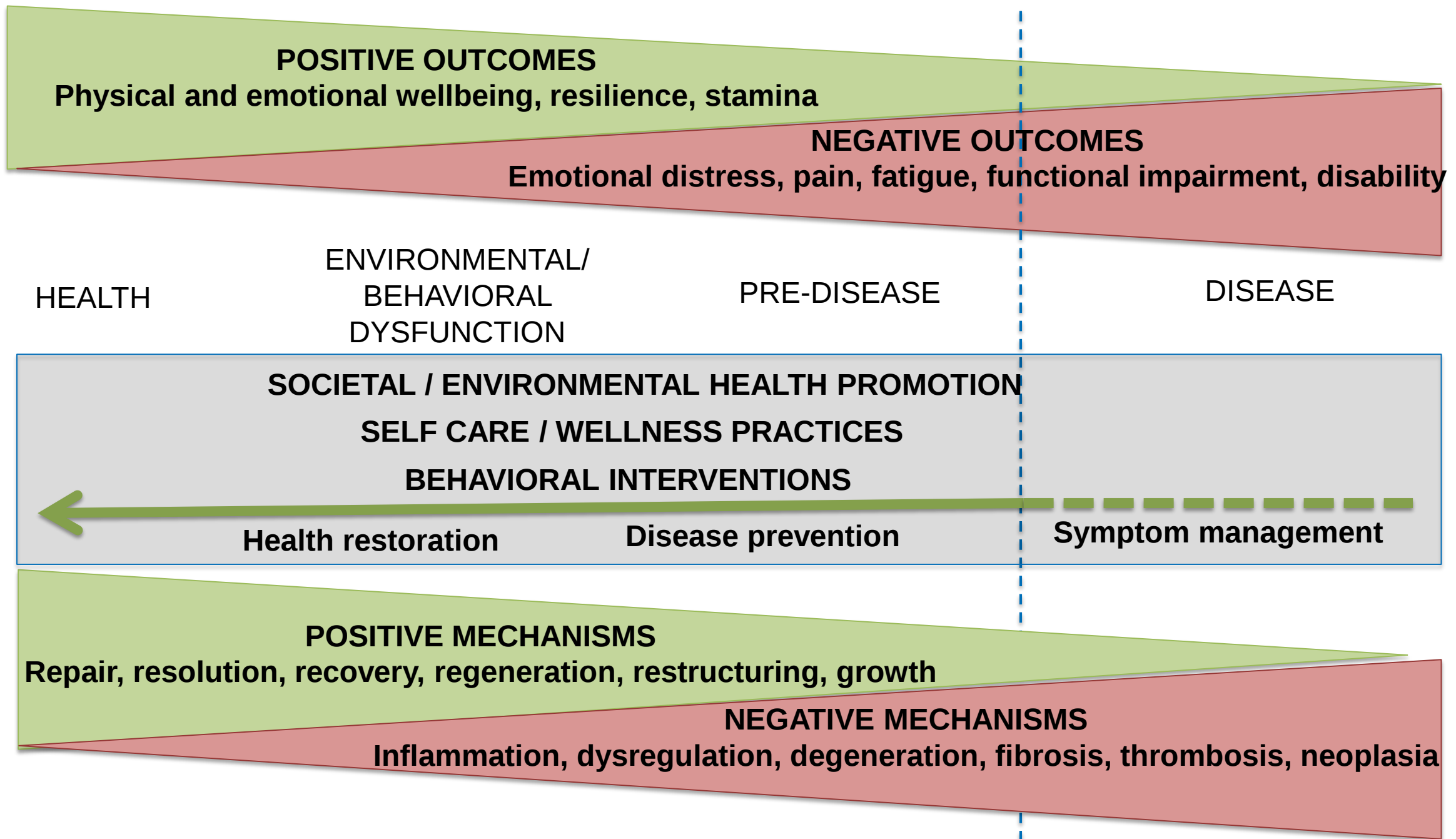
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